



SCHOOL HOLIDAY CHILDREN'S COOKING CLASSES

FULL TERMS AND CONDITIONS

This event is suitable for children aged 6-12 years of age as they will be utilising cook tops and sharp objects.

Please advise us of any special dietary requirements or restrictions at time of booking.

Below are some further details around the event. Any attendee who does not meet these requirements will not be able to participate on the day.

WHAT SHOULD CHILDREN WEAR?

- Please ensure children are dressed wearing comfortable clothes covered shoulders, flat, closed shoes and long hair neatly tied back

- For safety reasons, open toed shoes are strictly not permitted in the cooking class environment

What should they bring?

- The kids will get time to enjoy the meals they prepare; however, they are welcome to bring a heatproof, airtight container to take home any leftovers

- They will be encouraged to ask lots of questions! At Sprout, we foster and facilitate an inclusive learning environment.

Sprout Sign in forms

A sign in form has been developed for use at all kid's classes. This is to be completed by a Sprout employee as children arrive at the start of every kid's class. The forms collect basic information such as child and guardian name, contact details, dietary requirements etc.

Parents / Guardians

Guardians are not required to stay at kid's classes and supervise their children and are encouraged not to interfere in the class. However, if a parent would like to stay and watch we ask them to observe from a distance.

Sprout offers First Aid training to all Sprout Cooking Staff annually. There will be a minimum of one employee at all kids cooking classes who has completed their first aid training.

All Sprout staff facilitating kids cooking classes have DCSI screen checks.

BEHAVIOUR

If a child is behaving dangerously, threatening other children or staff, or is being generally inappropriate, Sprout staff have the right to ask the child to behave safely. If the child does not respond accordingly Sprout staff are within their right to ask the child to sit out of the class for five minutes. If the child refuses, or upon returning they continue to misbehave the child must be removed from the class. The class must be stopped, all children must move away from the cooking bench and the child's guardian must be called to pick up their child.

An incident report form must be completed at the point where unsafe behaviour is noted irrespective of the outcome.

NUMBER OF CHILDREN AND AGES

There must be one Sprout staff member to a maximum of 10 children at Sprout kids cooking classes.

All children taking part in the class must be six years or older.

If a child is younger than six years of age a Sprout staff member will inform the guardian that their child is too young to participate.

DIETARY REQUIREMENTS:

All dietary requirements relating to a kids cooking class must be received 48 hours prior to commencement of the class.

A Sprout staff member will clarify if any dietary requirements exist when signing a child into the class.

The Sprout staff member will ask:

- If the dietary requirement is an intolerance or allergy
- The severity of the allergic reaction
- If traces are acceptable
- If skin contact is acceptable
- If air-borne allergens are a problem

If a child requires an EpiPen, but does not have this with them, they are not to take part in the class, irrespective of whether the allergen is in the cooking class recipes or not.

If a child requires an EpiPen, the child must have it on themselves in an easily accessible location and Sprout staff members must see the EpiPen and be informed of its location.

If a child is having an anaphylactic reaction staff will not hesitate to use the child's EpiPen or the EpiPen supplied in the safety kit or if required, both.

No nuts are to be used in any kids cooking class, nor will they be in the vicinity.

HYGIENE

Children's hygiene is fundamental to prevent the spreading of germs or possible cross contamination of allergens. All children must wash their hands before their cooking class with warm soapy water and the with hand sanitiser. If at any stage during the cooking class kids handle high risk foods such as raw meats, sneeze, cough or touch their mouths, noses etc. they must wash their hands again.

Terms, Conditions & Safety Policy

- Please carefully read Sprout's full terms, conditions and safety policy for attending cooking classes and events at the Sprout kitchen: www.sprout.edu.au/faqs